

SJGH FM NEWSLETTER

Newsletter Date August 2016 |

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ANNOUNCEMENTS:

- Fall resident retreat planning is now in session headed by Dr. Bez. The date is October 26th, if you would like to take part in the committee, please let Dr. Bez know.
- The Health Fair is on Saturday October 22nd. We need volunteers to see patients in the clinic and outside booth. Residents will receive time off for volunteering. Please let Lori know.
- Journal Club is changing to a new format this year. It will consist of 4 dinner sessions at a local restaurant. The first journal club is on Sep 14, 2016 at 6pm. Location TBD.
- Health Plan of San Joaquin is offering transgender health training on Sept 10th (French Camp) and Sept 17th (Modesto) from 9am-1pm. If you are interested, please contact Lori for more details.
- REMINDER: Please complete your charts as soon as possible after clinic visits. Residents with outstanding incomplete charts will need to come at 8:00AM at HCCN on Tuesday mornings to finish them.
- Interviews will be held from Nov-Jan. Please let us know if you have any ideas that would make our residency stand out.
- New jackets are here for you to try out! If you have an idea about the logo, please let us know.
- ALSO courses are on October 8th and 9th, PGY1 are registered to attend the class at UCD. Please check your schedule.
- There is a book box outside the clinic. If you would like to donate any books, you can drop them off or give them to Lori to be dropped off.

UPCOMING EVENTS:

SEPTEMBER 14TH - JOURNAL CLUB

OCTOBER 22ND - HEALTH FAIR

OCTOBER 26TH - FM RESIDENT RETREAT

CLINIC HUDDLE UPDATES

- Dr. Parsa has created a Clinic Huddle group on Trello.
- If you have not signed up yet, PLEASE sign up for Trello so you can be up to date with clinic functions.
- POC Urine tox is now available!
- Saturday Peds Express has been a great success! Dr. Kalay saw 10 pediatric patients last Saturday, keep up the great work!



Happy Birthdays August Babies!

**Anna
Dr. Wunnava
Dr. Kafilmtout**

**Dr. Jafri
Dr. Jeff Chiu
Joyti**

CONGRATULATIONS TO OUR JULY RESIDENT OF THE MONTH HELENA OKHOTIN!

Dr. Okhotin, PGY 2, was voted July Resident of the Month. Peers describe her as always "smiling, and cheerful," "willing to take one for the team," and "always eager to learn." Here is some more info about Helena!

Favorite food: berries, fruits

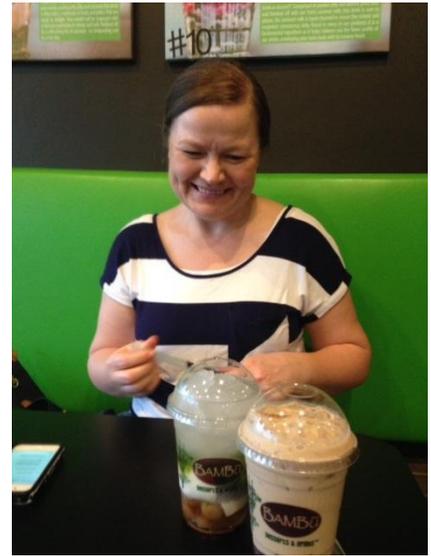
Favorite color: light blue

Favorite holiday: Christmas

Favorite movie: Princess Bride, it's a classic I can watch with my nieces and nephews :) ... and who doesn't like a romantic movie?

What you do when no one's around: listen to music

Congratulations Helena! We are so proud of your accomplishments!



AAFP MEDICAL STUDENT/RESIDENT CONFERENCE RECAP DR. JOHL, PGY 2

As you may have heard, the 2016 AAFP National Conference was last month, attended by Dr. Porter, Monish, and myself from 7-28-2016 to 7-30-2016. It was an excellent experience, networking with students, residents, and faculty from around the nation. We spent much of the time at our program display, alongside the other UC Davis FM Network residencies. In having to answer questions from conference attendees, we were able to take a step back and really examine our program, having to tell others what we do here. I was happily surprised to realize how much we have to offer in comparison to other programs. We didn't sugarcoat anything, we explained how tough our program is, with limited resources and a demanding population that is underserved and mind-bogglingly diverse. At the same time, we described how diverse our residents are to meet that demand (Monish would show our group picture and call us the U.N. haha), and also how many of our residents to go on and do a variety of fellowships. From fellowships in ER to sports medicine, geriatrics to addiction medicine, or directly joining the workforce, we have a broad spectrum of education with a diverse faculty to meet our education goals. Our networking venture was successful with a lot of interest in our program, and helping to solidify our place in the UC Davis network. I was lucky enough to travel back with the Network Coordinator for UC Davis and voiced our

willingness to be a part of their new podcast, maybe increase our curriculum on the main UC Davis campus, and more. I learned a lot more, and gained more insight, than I thought was possible in three days, but have come out more excited about Family Medicine than ever before. Our specialty is growing fast and gaining national attention; after having seen firsthand the momentum of our field on a large scale, I'm hoping I was able to take some of that kinetic energy and share it here for everyone to see. There was definitely a buzz in the air, and I'm glad I got to experience the conference and Kansas City with Dr. Porter and Monish. I'm already excited for the residents who get to attend the 2017 AAFP National Conference - can't even imagine how much our profession will have grown by then.



SJGH FAMILY MEDICINE RESIDENCY

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We are always looking for writers!

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you would like to contribute to the newsletter